



Lead Teacher Guide

This Lead Teacher Guide will be your guide throughout the planning of your Cal-Wood school program. As you will learn, it contains all the necessary documents and information you need to get your trip organized.

In addition to this guide, you will be receiving an online, dynamic document that will guide you through the customization process for your Cal-Wood program. Therein, we will be working together to optimize the academic component of your program as well as all the logistical details and any special accommodations needed.

We are here to help you customize your Cal-Wood experience and we are excited about your visit. Please contact us with questions or concerns.

Contact Information:

Alicia Lamfers, Director of Programs, alicia@calwood.org

Erin Plum, School Programs Manager, erin@calwood.org or schoolprograms@calwood.org

Abby Bradley, School Programs Coordinator, abby@calwood.org or schoolprograms@calwood.org

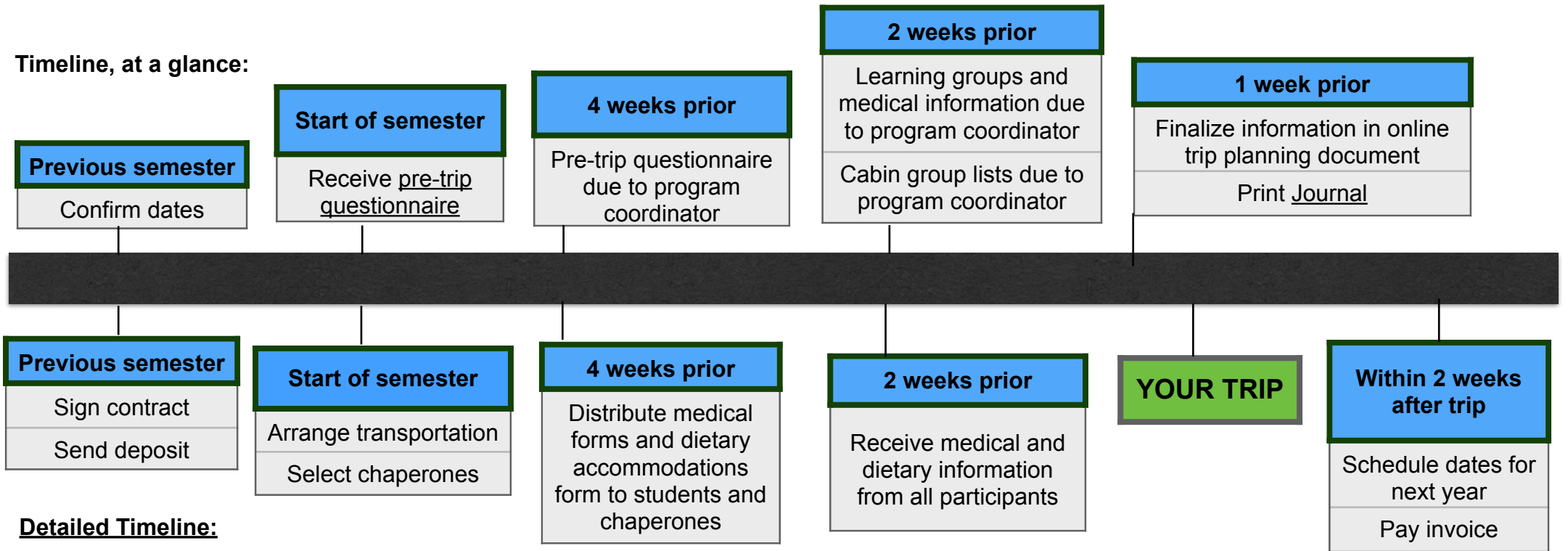
School Program Phone Number: 303-449-0603 ext. 1

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Program and Contract Timeline

Timeline, at a glance:



Detailed Timeline:

Timeline:	Pre-Trip Responsibilities	Notes:
Previous semester	<ol style="list-style-type: none"> 1. Confirm dates 2. Return signed contract with deposit 	<ol style="list-style-type: none"> 1. You will be receiving a date confirmation email. Please be sure the dates sent to you are accurate. 2. Once you receive your contract, please sign and return it with your deposit to: PO Box 347, Jamestown, CO 80455
Start of the semester	<ol style="list-style-type: none"> 1. Receive <u>Pre-Trip Questionnaire</u> 2. Arrange transportation 3. Select chaperones 	<ol style="list-style-type: none"> 1. Confirm that you are able to open and edit your online trip planning document (first page in the document will be the Pre-Trip Questionnaire) sent to you via email by the Program Coordinator. 2. Arrange transportation for your group. 3. As per district policy, please select the number and the gender of your chaperones based on projected cabin occupancy.
4 weeks prior	<ol style="list-style-type: none"> 1. Finalize Pre-Trip Questionnaire 2. Distribute student medical forms, chaperone medical forms and dietary accommodations guide to all participants 	<ol style="list-style-type: none"> 1. There is no need to submit or save the online trip planning document, it is saved in real time. The Program Coordinator will add your learning group and cabin group pages to your online trip planning document once your questionnaire is completed. 2. Distribute Cal-Wood medical forms and dietary accommodations guide to all students, chaperones, and teachers that will be attending. Set a deadline of 2 weeks to have these medical forms returned.
2 weeks prior	<ol style="list-style-type: none"> 1. Receive medical and dietary information from all participants 2. Learning groups and medical information submitted online 3. Cabin group lists submitted online 	<ol style="list-style-type: none"> 1. We recommend creating your learning groups 3 weeks before your trip and filling in the medical and dietary information as it becomes available to you. 2. Completing your learning groups, cabin groups, and medical information by this date ensures we have plenty of time to accommodate your group and any individual needs.
1 week prior	<ol style="list-style-type: none"> 1. Finalize information in online trip planning document 2. Print <u>Journal</u> 	<ol style="list-style-type: none"> 1. Please finalize all information in your online trip planning document. One week before your trip the Program Coordinator will limit editing access to your online trip planning document and any changes to these documents (learning groups, cabin groups etc) will need to be requested via email. 2. Please follow <u>the instructions</u> on our website to properly print <u>journals</u> for your students. We recommend printing a few extra.
Your trip	<ol style="list-style-type: none"> 1. Call Cal-Wood as you are departing 2. When you arrive, have the designated emergency vehicle drive to the lodge. The busses and the rest of the vehicles will park down by the pond in the visitor parking lot 	<ol style="list-style-type: none"> 1. Call the Cal-Wood Program Director or Coordinator at extension 1 to let us know that you are departing. 2. We recommend bringing a high-clearance, 4-wheel drive vehicle as your emergency vehicle.
2 weeks after your trip	<ol style="list-style-type: none"> 1. Schedule dates for next year 2. Pay invoice 	<ol style="list-style-type: none"> 1. You will be receiving a post-program email from the Program Coordinator that will contain information regarding scheduling dates for next year. 2. An invoice will be emailed to the appropriate person at your school.

Transportation

Options:

1. Individual cars: limited to smaller school groups and must park down the pond in the visitor parking lot. We recommend bringing high-clearance cars that are 4-wheel drive and equipped with good tires in case of inclement weather.
2. School bus: In requesting district busses, please be sure to remind them that the buses should be mountain equipped.
3. Charter bus: If requesting a charter bus, please be sure it is mountain equipped.
4. Renting a school bus: We can highly recommend Velocity Transit if your district busses are not available. Please let them know Cal-Wood sent you.



Emergency vehicle information:

There must be one vehicle that is the designated school emergency vehicle, for any needed transportation to a hospital or other such emergency. This is the only vehicle that will park behind the Lodge. It is recommended that this vehicle be well equipped with 4-wheel drive and good tires in case of inclement weather.



Driving tips:

Please drive slowly through Jamestown. The posted speed limit is 15 mph. Please be respectful of the residents of Jamestown and keep your speed down.

Once you turn onto Balarat Road (also CR87), please be aware that this is a steep, narrow dirt road with two-way traffic. Please drive slowly and cautiously around curves and remember that the vehicle traveling uphill has the right of way.

Travel times:

Please be respectful in the canyon and drive slowly as there are steep drop offs and uneven areas. These following estimated times do not factor in traffic, weather, or any road delays in the canyon, so please consider that when planning your arrival and departure times.

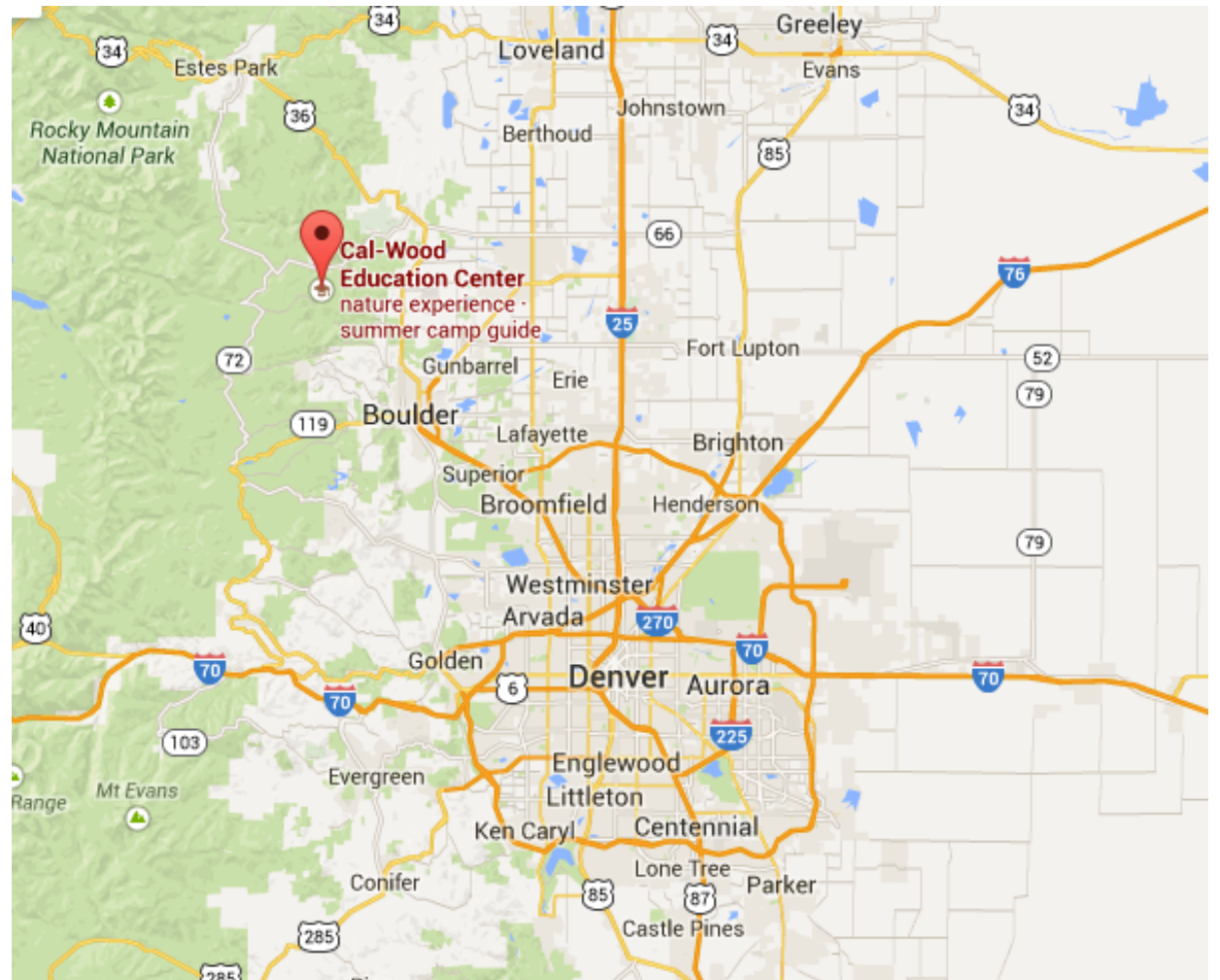
From Boulder: 35 minutes

From Longmont: 45 minutes

From Denver: 75 minutes

From Greeley: 90 minutes

From Aurora: 105 minutes



click on map above to get specific directions

<http://www.calwood.org/about-us/maps>



Pre-Trip Questionnaire

You will receive a personalized electronic version of your pre-trip questionnaire. This is a link that you can share with co-teachers, but please keep in mind it will have confidential student information and should not be shared beyond school staff. Information is saved in real time and does not need to be saved or submitted. Please contact us if you have questions or concerns while filling out the online version.

This is a screenshot of the document you will be filling out online.

Pre-Trip Questionnaire

Cal-Wood will work with you to create an educational program that suits your unique goals and needs.
This questionnaire is the starting point to that customization process.

** Please fill out all blue fields **

<h4 style="text-align: center; margin: 0;">SCHOOL INFORMATION</h4> <p>School Name: <input style="width: 100%;" type="text"/></p> <p>Mailing Address: <input style="width: 100%;" type="text"/> <input style="width: 100%;" type="text"/></p> <p>Main Phone Number: <input style="width: 100%;" type="text"/></p>	<h4 style="text-align: center; margin: 0;">LEAD TEACHER INFORMATION</h4> <p><small>(the lead teacher is the main point of contact for the Cal-Wood program)</small></p> <p>Lead Teacher Name: <input style="width: 100%;" type="text"/></p> <p>Phone Number (work): <input style="width: 100%;" type="text"/></p> <p>Phone Number (mobile): <input style="width: 100%;" type="text"/></p> <p>Email Address: <input style="width: 100%;" type="text"/></p>
<h4 style="text-align: center; margin: 0;">PROGRAM LOGISTICS</h4> <p>Arrival Date: <input style="width: 100%;" type="text"/></p> <p>Arrival Time: <input style="width: 100%;" type="text"/></p> <p>Departure Date: <input style="width: 100%;" type="text"/></p> <p>Departure Time: <input style="width: 100%;" type="text"/></p> <p><small>(Please select the time you need to be ON THE BUS and leaving Cal-Wood.)</small></p> <p>Mode of transportation: <input style="width: 100%;" type="text"/></p> <p><small>Please note: one vehicle needs to be parked at the lodge and designated as the emergency vehicle</small></p>	<h4 style="text-align: center; margin: 0;">PROGRAM PARTICIPANTS</h4> <p>Number of Male Students: <input style="width: 100%;" type="text"/></p> <p>Number of Female Students: <input style="width: 100%;" type="text"/></p> <p style="text-align: right;"><small>Total number of students:</small> 0</p> <p>Number of school personnel attending: <input style="width: 100%;" type="text"/></p> <p>Number of other adults attending: <input style="width: 100%;" type="text"/></p> <p style="text-align: right;"><small>Total number of adults:</small> 0</p> <p>Your student:adult ratio is: <input style="width: 100%;" type="text"/></p> <p style="text-align: right;"><small>(a 10:1 ratio or lower is preferred)</small></p>
<h4 style="text-align: center; margin: 0;">GENERAL STUDENT INFORMATION</h4> <p>Grade Level(s): <input style="width: 100%;" type="text"/></p> <p>General level of experience/comfort in the outdoors: <input style="width: 100%; height: 20px;" type="text"/></p> <p>Describe any injuries or disabilities to be considered in programming: <input style="width: 100%; height: 20px;" type="text"/></p>	<h4 style="text-align: center; margin: 0;">STUDENT ACADEMIC INFORMATION</h4> <p>General academic strength of students: <input style="width: 100%; height: 20px;" type="text"/></p> <p>Amount of sheltering/scaffolding used in classroom: <input style="width: 100%; height: 20px;" type="text"/></p> <p>What strategies are used to engage all students in the classroom? <input style="width: 100%; height: 20px;" type="text"/></p>

If you are not familiar with Cal-Wood's program offerings, and would like to meet to discuss the programming, please contact us by email: curriculum@calwood.org

Notes:

- Please fill out all blue sections and be as thorough as possible so we can customize your program to meet your individual student and academic needs.
- The lead teacher is the main point of contact for your program. We ask that this lead teacher attend the program.
- Please check with the school or district to ensure you have the appropriate adult:student ratio per school/district policy. Cal-Wood's recommended ratio is driven by our facility, whereby all student cabins ought to be monitored by an adult chaperone.

Pre-Trip Questionnaire (cont.)

PROGRAM ACADEMICS	
Click here for a list and description of academic offerings	
<p>Program length:</p> <p>Learning day lessons: <input type="text"/></p> <p>Select one lesson for each blue box.</p> <p><input type="text"/></p> <p><input type="text"/></p> <p><input type="text"/></p>	<p>Academic requests:</p> <p>(within the academic topics chosen, what are some specific standards that you would like us to incorporate?)</p> <div style="border: 1px solid black; height: 60px; width: 100%;"></div>
<p>Additional program goals:</p> <p>(how much of an emphasis do you want on academics and what are some other priorities you have, for example: celebration, exploration, group dynamics, teamwork, etc.)</p> <div style="border: 1px solid black; height: 25px; width: 100%;"></div>	
PROGRAM INFORMATION	
<p>Evening Programs</p> <p>1st night <input type="text"/></p> <p>2nd night <input type="text"/></p>	<p>Journaling</p> <p>Are you bringing a Cal-Wood Journal for each student? <input type="text"/></p> <p>You can download the Cal-Wood Journal here: CW JOURNAL</p> <p>How much student journaling would you like to see? <input type="text"/></p>
<p>Additional notes on evening programs:</p> <div style="border: 1px solid black; height: 40px; width: 100%;"></div>	<p>Notes on specific use for journals:</p> <div style="border: 1px solid black; height: 40px; width: 100%;"></div>

Notes:

- Program length and the number of learning day lessons will auto populate. The number of lessons correlates with the length of your program. Please record any additional lessons you would like to see covered if time permits in the 'additional notes' section.
- Check out our academic options for your school program on our website: [School Program Academic Offerings](#)
- Please choose your evening programs in the order (top to bottom) you would like to see for each night of your stay. Please keep in mind this is subject to change due to weather.



Dietary Restrictions Accommodation

The Cal-Wood Kitchen prepares healthy and nutritious meals. We use whole ingredients and prepare our delicious, kid-friendly meals from scratch. Additionally, we do our best to accommodate all participants' needs and we take dietary restrictions and allergies very seriously.

CAN ACCOMMODATE	
<i>Participants with the following dietary restrictions or preferences will be fully accommodated.</i>	
gluten allergy (non-celiac)	<< Our kitchen is not gluten-free, nut-free, nor dairy-free.
lactose intolerance	<< Please specify if lactose intolerance includes baked goods.
peanut allergy	<< Specify if this is an airborne allergy.
nut allergy	<< Specify if this is an airborne allergy.
vegetarian diet	
egg allergy	<< Please specify if egg allergy includes baked goods.
seed allergy	
soy allergy	
CAN PARTIALLY ACCOMMODATE	
<i>Participants with the following dietary restrictions may need to supplement their own food.</i>	
gluten allergy & egg allergy	
vegetarian diet & soy allergy	
vegan diet	
picky eaters	
CANNOT ACCOMMODATE	
<i>Participants with the following dietary restrictions must bring their own food. There is a microwave, a refrigerator and a dry storage area available in such cases. Responsibility lives with the school to aid students during meal times.</i>	
gluten allergy (Celiac disease)	
Any allergy so severe that trace contaminants would cause reaction	

Cal-Wood will not discount tuition based on individual dietary restrictions if supplemental or alternate food is required. Additionally, Cal-Wood reserves the right to charge additional fees to groups with a high number of participants with dietary restrictions.

If you are bringing your students' own food, please plan to pack the following meals:

- Arrival day: lunch and dinner
- Second day: breakfast, snack, field lunch (ex: sandwich), dinner
- Departure day: breakfast, lunch

School or Group Name _____ Program Dates _____

To the parent or legal guardian of the student participating in Cal-Wood's School Program:

For your child to participate, the Colorado Department of Social Services requires that the following medical form be completed and signed by the appropriate persons. Feel free to attach additional sheets to this form to elaborate on any conditions. Thank you for your cooperation!

STUDENT INFORMATION

Name: _____ Birth date: ____/____/____ Gender: Male Female Other

HOME CONTACT INFORMATION

Name of parent(s) or legal guardian: _____

Home address: _____

City, State, Zip code: _____ Phone: _____

Email address: _____ Additional phone number: _____

ADDITIONAL EMERGENCY CONTACT INFORMATION

Name of emergency contact: _____ Relationship: _____

Home address: _____ Phone: _____

Email address: _____ Additional phone number: _____

Is this person authorized to pick up student from Cal-Wood in case of an emergency? Yes No

MEDICAL INFORMATION

Primary Physician _____ Phone _____

Address _____

Health Insurance Company _____ Policy # _____

A. **MEDICAL HISTORY:** Describe and provide dates for any known medical history of which Cal-Wood should be aware. (asthma, diabetes, seizures, heart disease, physical injuries, bleeding/clotting disorders, psychiatric treatment, sleep disorders)

B. **ALLERGIES:** List any known source of allergy for the student, including environmental allergies and drugs/medications. (insect stings or bites, penicillin, hay fever, iodine, dogs/cats, diphenhydramine)

C. **FOOD ALLERGIES / DIETS:** List any known food allergies or restricted diets that the student must follow at Cal-Wood. (peanuts, tree nuts, shellfish, dairy, etc. / vegetarian, vegan, celiac, no pork, kosher, etc.)

* Cal-Wood aims to accommodate different dietary needs, but some restricted diets may require students to supply their own food. *

D. **MEDICATIONS:** List all medications, their dosage, and their purpose that the student will need to take while at Cal-Wood.

* All medications (including over-the-counter) need to have a doctor's order and be cleared through school policy. *

E. **PHYSICAL LIMITATIONS:** List any physical activity from which the student needs to be excused and for what reason. (ex.: jumping - injured knee, running - severe asthma, climbing - shoulder surgery, etc.)

STUDENT INFORMATIONName: _____ Birth date: ____/____/____ Gender: Male Female Other**Liability Waiver, Media and Medical Release**

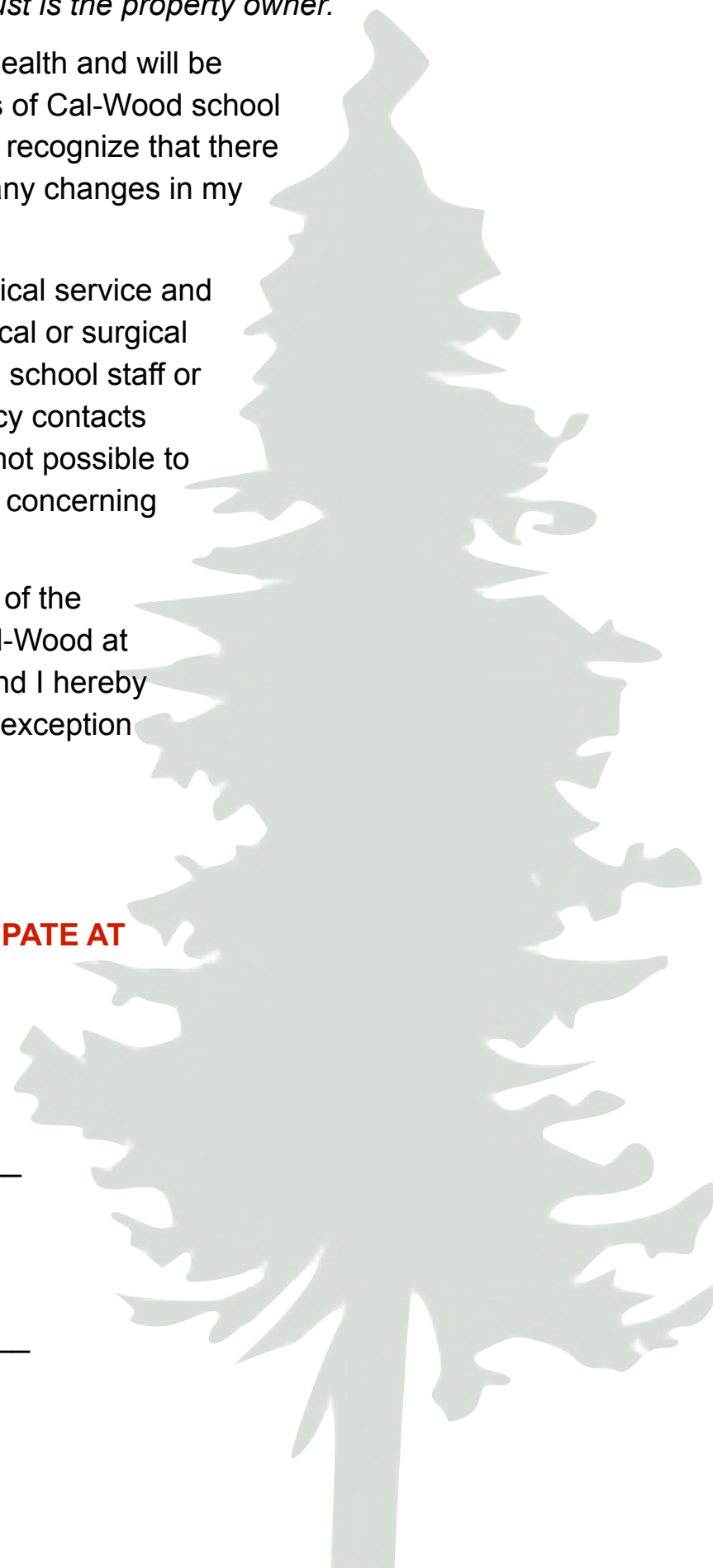
I understand the nature of Cal-Wood programs and recognize that there are inherent risks in such outdoor activities. Further, I release Cal-Wood and the Pilot Trust*, and all members of their staffs, individually and collectively, from any liability or obligation for any such medical or other health care expenses and do hereby agree to hold Cal-Wood/Pilot Trust and all members of their staffs harmless from any claim, demand, or expense, including attorney fees, arising out of any injury, illness or other disorder of any kind, which may be suffered by the participant as a result of attendance at Cal-Wood School Program. * Note: Pilot Trust is the property owner.

I assume full responsibility for the information given about my child's health and will be responsible for any decisions made regarding participation in activities of Cal-Wood school programs. I understand the nature of Cal-Wood school programs and recognize that there are inherent risks in such outdoor activities. I will notify Cal-Wood of any changes in my child's health status should they arise after this.

I give permission to Cal-Wood staff to call a doctor or emergency medical service and for the doctor, hospital, or medical service to provide emergency medical or surgical care for my child should an emergency arise. It is understood that the school staff or Cal-Wood staff will make a conscientious effort to locate the emergency contacts listed on the front of this form before any actions will be taken. If it is not possible to locate the emergency contacts listed, I will accept the decisions made concerning medical treatment.

I agree that any photographs or evaluations* taken by Cal-Wood staff of the participant shall be the property of Cal-Wood and may be used by Cal-Wood at its discretion for any publicity, marketing, and advertising purposes, and I hereby consent to and authorize such use without restriction. If you need an exception made to this media release only, please let us know in writing: programs@calwood.org.

THIS FORM MUST BE SIGNED FOR YOUR STUDENT TO PARTICIPATE AT CAL-WOOD!

Parent or legal guardian signature_____
Date_____
Print name and relationship to participant



Adult Chaperone Registration & Medical Form

School or Group Name _____ Program Dates _____

CHAPERONE INFORMATION

Name: _____ Birth date: ____/____/____ Gender: Male Female Other

HOME CONTACT INFORMATION

Home address: _____

City, State, Zip: _____ Cell phone: _____

Email address: _____ Additional phone number: _____

ADDITIONAL EMERGENCY CONTACT INFORMATION

Name of emergency contact: _____ Relationship: _____

Home address, City, State, Zip: _____

Phone: _____ Additional phone number: _____

Email address: _____

MEDICAL INFORMATION

Primary Physician: _____ Phone: _____

Address: _____

Health Insurance Company: _____ Policy #: _____

A. **MEDICAL HISTORY:** Describe and provide dates for any known medical history of which Cal-Wood should be aware.
(asthma, diabetes, seizures, heart disease, physical injuries, bleeding/clotting disorders, psychiatric treatment, sleep disorders)

B. **ALLERGIES:** List any known source of allergies, including environmental allergies and drugs/medications.
(insect stings or bites, penicillin, hay fever, iodine, dogs/cats, diphenhydramine)

C. **FOOD ALLERGIES / DIETS:** List any known food allergies or restricted diets that you must follow at Cal-Wood.
(peanuts, tree nuts, shellfish, dairy, etc. / vegetarian, vegan, celiac, no pork, kosher, etc.)

*** Cal-Wood aims to accommodate different dietary needs, but strongly restricted diets may require students to supply their own food. ***

D. **MEDICATIONS:** List all medications, their dosage, and their purpose that will need to be taken while at Cal-Wood.

E. **PHYSICAL LIMITATIONS:** List any physical activity from which you need to be excused and for what reason.
(ex.: jumping - injured knee, running - severe asthma, climbing - shoulder surgery, etc.)



Adult Chaperone Registration & Medical Form

CHAPERONE INFORMATION

Name: _____ Birth date: ____/____/____ Gender: Male Female Other

ADULT CHAPERONE RESPONSIBILITIES:

Please read and initial the following responsibilities agreeing that you are capable and willing to complete each of these tasks. Please contact the Lead Teacher as soon as possible if you are unable or unwilling to perform any of these duties.

- ____ A. I will be at Cal-Wood for the duration of the program.
- ____ B. I understand that I am a volunteer and will actively participate and be available as needed.
- ____ C. I understand that there is no compensation for my participation in this program.

Understanding of Program and My Role as a Chaperone

I have read the information above and I understand the information concerning my role as adult supervisor for the visiting school. I am aware that I will be needed to supervise students. Furthermore, I declare that I do not have any history of child abuse (physical or emotional) and I will be a positive role model to all students during the Cal-Wood school program.

Signature

Date

Authorization for Medical Treatment

I assume full responsibility for the information provided about my health. I give permission to Cal-Wood staff to call a doctor or emergency medical service and for the doctor, hospital, or medical service to provide emergency medical or surgical care should an emergency arise. It is understood that Cal-Wood staff will make a conscientious effort to locate the emergency contacts listed on this form before any actions will be taken and I will accept the expense of emergency treatment

Signature

Date

Photograph Authorization

I agree that any photographs taken by Cal-Wood staff of the participant shall be the property of Cal-Wood and may be used by Cal-Wood at its discretion for any publicity, marketing, evaluation, and advertising purposes, and I hereby consent to and authorize such use without restriction.

Signature

Date

Sample Cal-Wood Schedule

The standard Cal-Wood experience is a three-day, two-night program, as outlined below. Each schedule is customized to accommodate group preferences and individual needs.

DAY 1

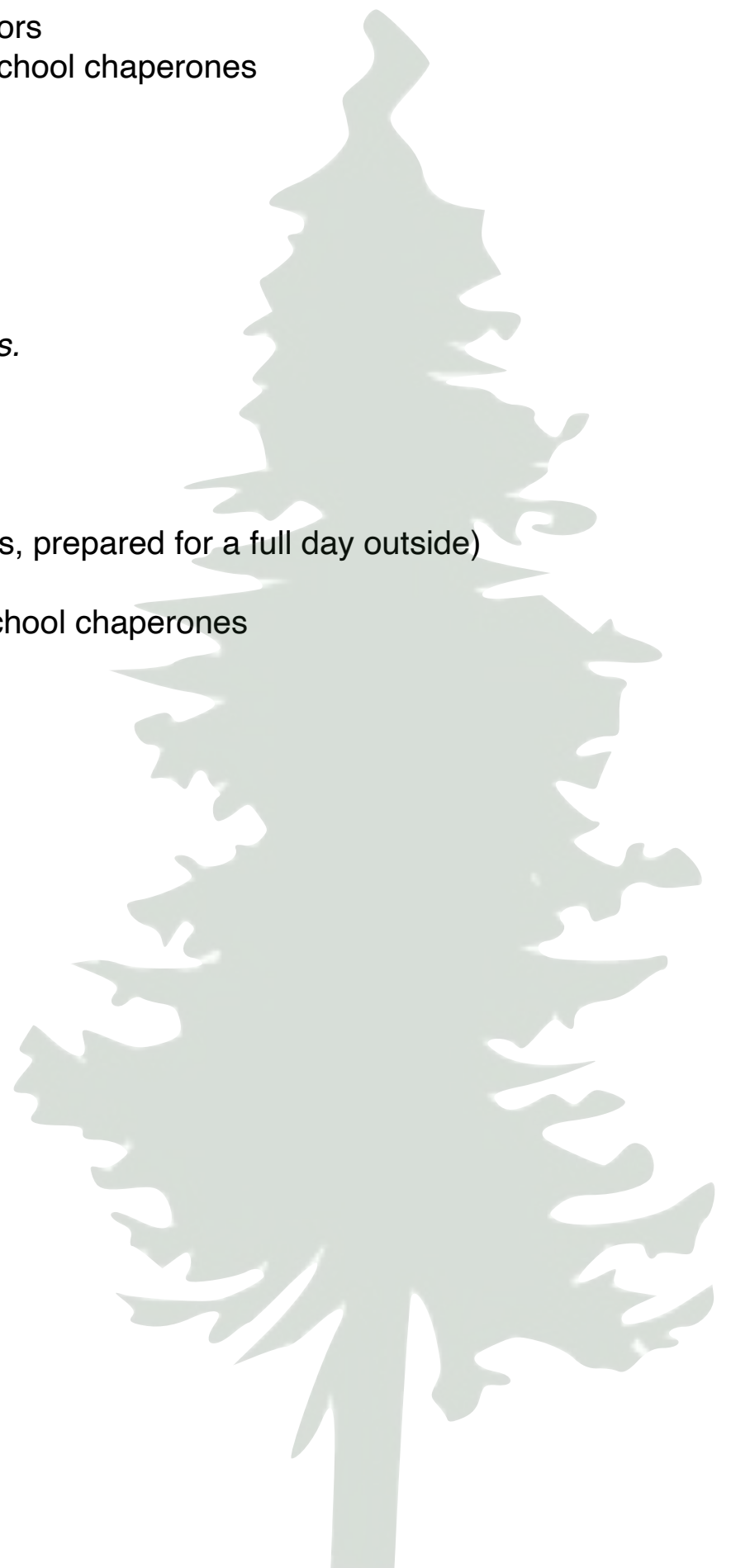
- 10:00** Arrive, hike to Lodge (with luggage), orientation to Cal-Wood (students & adults will remain together)
- 30min** Settle into cabins and prepare for the day
- 45min** Lunch (sack lunch from home)
 - Divide into learning groups for an afternoon of learning outdoors
- 4:30** Return to Lodge, B.O.B. time and down time supervised by school chaperones
- 5:45** Meal setup by Hoppers
- 6:00** Dinner (all meals are nutritious and prepared in house)
- 7:30** Evening program
- 9:00** Ready for bed
- 9:30** Lights out — cabin supervision by school chaperones

DAY 2 - *A full, intensive day of learning and exploring in the outdoors.*

- 7:00** Wake-up
- 7:30** Meal setup by hoppers
- 7:45** Breakfast
- 9:00** Learning day begins (students remain in same learning groups, prepared for a full day outside)
- 12:00** Lunch in the field (provided by Cal-Wood)
- 4:30** Return to Lodge, B.O.B. time and down time supervised by school chaperones
- 5:45** Meal setup by hoppers
- 6:00** Dinner
- 7:30** Evening program
- 9:00** Ready for bed
- 9:30** Lights out — cabin supervision by school chaperones

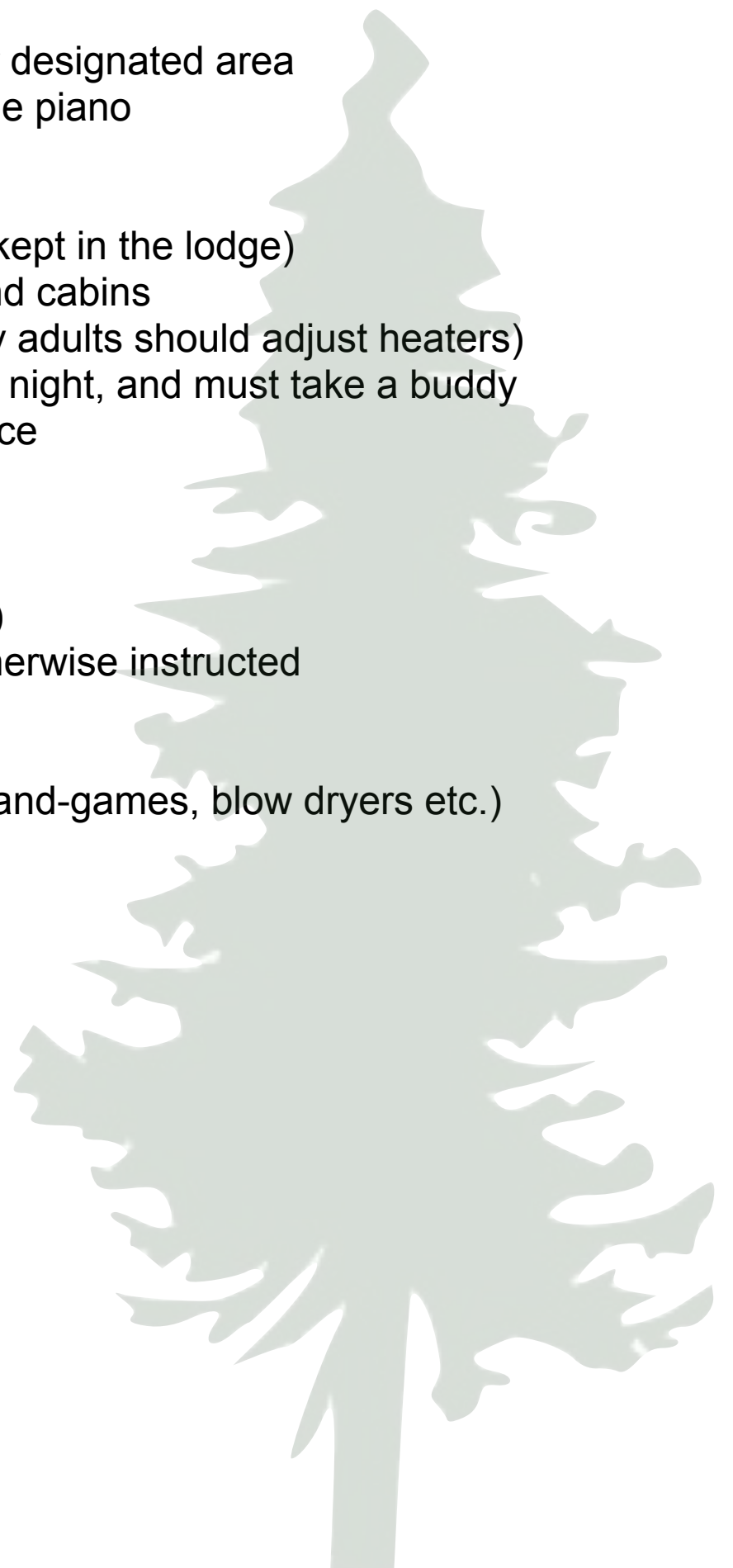
DAY 3

- 7:00** Wake-up & pack up
- 7:30** Meal setup by hoppers
- 7:45** Breakfast
- 8:30** Cabin clean-up
- 9:00** Learning day begins
- 11:30** Lunch on back porch of Lodge
- 12:15** Group closing
- 12:30** Departure



Cal-Wood Student Policies

1. **Respect:** Show respect for Cal-Wood property, the land, your fellow students, the adults and most importantly, yourself. (All of Cal-Wood's policies stem from this...)
2. **Safety:** Look out for each other, follow instructions, and think before you act!
3. **Lodge Rules:**
 - Shoes off in the Lodge (you may bring house shoes or slippers for inside the Lodge)
 - Phones and computers are for adult use only
 - Please limit showers to three minutes
 - Keep common spaces tidy and return games to their designated area
 - Follow posted rules to maintain permission to play the piano
4. **Cabin Rules:**
 - No food in cabins (leftover lunch and snacks will be kept in the lodge)
 - Avoiding running and stay on designated trails around cabins
 - Do not place anything on or around the heaters (only adults should adjust heaters)
 - Students tell an adult when going to the bathroom at night, and must take a buddy
 - Be respectful of others' belongings and personal space
5. **Property Rules:**
 - Stay on trails unless otherwise instructed
 - Pick up any trash you find (whether it is yours or not)
 - Stay away from running or standing water unless otherwise instructed
6. **Personal Rules:**
 - No personal electronic equipment (iPods, phones, hand-games, blow dryers etc.)
 - No candy or gum
 - Drink plenty of water
7. **Group Rules:**
 - Stay with your group at all times
 - Respect everyone in your group





Letter to Parents

Dear Parents:

We are pleased to let you know that our class will attend Cal-Wood Education Center as an addition to your child's school learning. Cal-Wood is a private, non-profit organization dedicated to providing quality education to area school groups since 1982. Cal-Wood is located 15 miles north-west of Boulder near the small town of Jamestown (about a 35-minute drive from Boulder and one hour from Denver). Their 1,200 acre outdoor learning center, nestled in the foothills, is a spectacular facility with abundant wildlife, trails, and educational opportunities. Cal-Wood instructors provide the day and evening teaching while adult chaperones from our school supervise the down-time and the overnights in the cabins. Cal-Wood provides a chance for our class to learn important academic concepts in science, math, history, language & visual arts, and more in a spectacular outdoor setting.

The dates of our program are: _____.

The cost per student that we are asking from parents is _____. This covers the instruction, transportation, meals, lodging, and accident insurance. If you anticipate difficulty in raising the money for this trip, please let us know. Also, if you would like to contribute a little extra towards another student's cost, it would be immensely appreciated. Make checks payable to _____.

(Do not send checks to Cal-Wood.)

Also, a completed and signed medical form must be returned to the school no later than _____. This form is **required** at this time for your child to participate. **If you have any questions about dietary restrictions or food allergies, please contact the lead teacher at the school.**

Each cabin at Cal-Wood has a propane heater, electricity, and sleeps ten. Boys and girls will be in separate cabins. The bathrooms and hot showers are located next door in the Lodge. The Lodge also holds the kitchen and dining hall (meals are nutritious and delicious!), a large indoor classroom (for inclement weather) and a medical room. Telephone use is for emergency purposes only: Cal-Wood main office number: (303) 449-0603.

The days are spent learning in the outdoors, and groups typically come inside only in very bad weather. The weather at Cal-Wood (elevation 7,800 feet) can vary from warm, intense sun to cold, windy and wet. Please follow the Personal Equipment List as closely as you can to provide for the safest, most comfortable experience for your child. Cal-Wood has plenty of gear to offer students during their program, so please do not buy anything for your child's Cal-Wood program.

Students bring their own sack lunch for the first day. Other than that meal, please do not provide snacks for your children because snacks in the cabins mean visitors – such as mice! Students cannot bring any electronic equipment: games, ipods, cell phones, hairdryers etc. We really want the students to have an “unplugged” experience while at Cal-Wood. Please feel free to contact us if you have any questions or concerns about this great program.



Please return this form indicating how you plan to pay the above-listed parent contribution for your student.

Student name: _____ **Homeroom teacher:** _____

___ Enclosed is my check for \$ _____

___ I need assistance in raising the cost of the program for my child. I can contribute \$ _____

___ I can help another child make this trip possible. Amount donated: \$ _____

School Program Equipment List

Cal-Wood is located at an elevation of 7,800 feet. The weather in the mountains is subject to sudden changes. It is important to be prepared for rain, intense sun, and snow. We recommend that you put your child's name on everything. **Please do not buy anything if you are missing items on this list. Cal-Wood has a gear room where students can borrow gear for the duration of their program.**

PLEASE PACK THE FOLLOWING THINGS...

...in a **daypack**: (school backpack or other similar. 2 thick straps is a must for daily hiking.)

- ___ Sack lunch for first day
- ___ Water bottle (**at least 1 quart/liter**)
- ___ Warm layer (wool or fleece is best)
- ___ Sun hat or baseball cap
- ___ Sunglasses
- ___ Sunscreen (SPF 30 or higher—a **MUST**)
- ___ Lip Balm (chapped lips are painful!)
- ___ Bandana (or tissues)
- ___ Pencil or pen
- ___ Journal or notebook
- ___ Warm gloves and hat
- ___ Extra pair of socks
- ___ Rain jacket or poncho (if poncho, be sure it is durable plastic)



...in a **suitcase or large backpack**:

NOTE: Pack in a manageable bag... students will need to carry all their belongings ¼ mile uphill to the cabins.

- ___ Hiking boots or sturdy shoes (snow boots recommended Oct-April).
- ___ Sleeping bag & small pillow (packed in stuff sack or bag)
- ___ Full change of clothes- pants/shirt/underwear/socks etc.
- ___ Pajamas
- ___ Socks (long socks are best. Preferably a couple warm wool pairs)
- ___ Winter coat or jacket
- ___ Long underwear or a base layer
- ___ Plastic bags to pack wet items OR to cover socks in shoes if no snow boots
- ___ Toiletry bag (ziplock or grocery bag is fine) with:
 - ___ Toothbrush & toothpaste
 - ___ Brush or comb
 - ___ Washcloth & towel
 - ___ Soap



OPTIONAL ITEMS:

- ___ Books, camera, flashlight, field guide, binoculars, tissues/handkerchief
- ___ Slippers for lodge (outside shoes are not allowed inside lodge)
- ___ Extra pair of outside shoes in case first pair gets wet
- ___ Rain pants/snow pants (just in case)

PLEASE DO NOT BRING:

- snacks, junk food, chewing gum, candy (don't want to attract wildlife to cabins!)
- electronics such as cell phones (there is no reception at Cal-Wood), mp3 players, radios, hand-held video games, curling irons, and blow dryers. Being unplugged is an important part of the experience!
- knives, matches/lighters
- money or anything valuable



Directions

Our physical address is:
2282 County Road 87, Jamestown, CO 80455

Your GPS may not work (and may not be accurate) - so make sure to download directions and we have attached a pdf with directions as well.

Plan on a 40 minute drive from North Boulder.

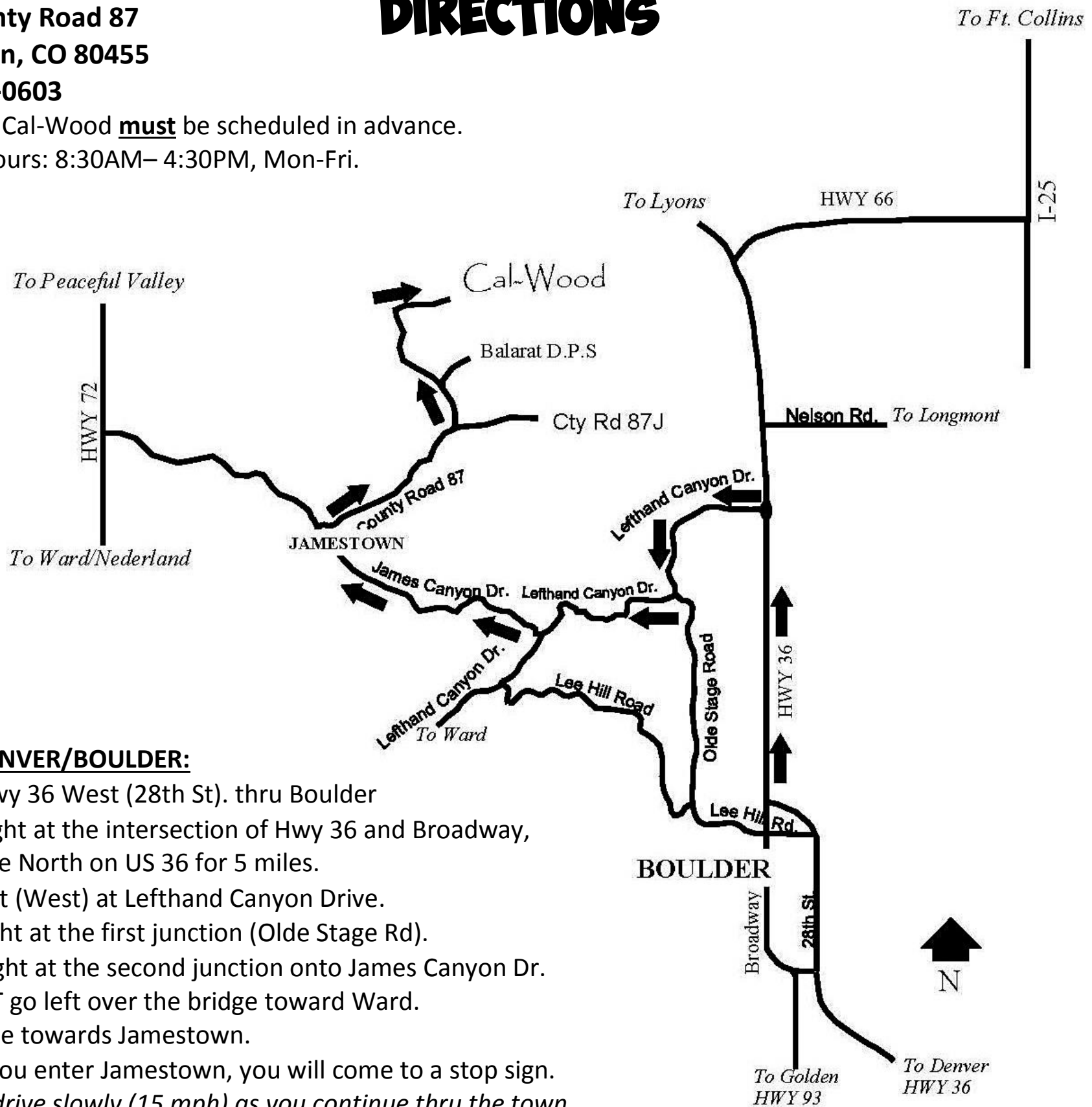
Please drive slowly and carefully especially through the town of Jamestown. When driving on County Rd. 87, please stay to the right, but away from the ditches. We do have a fair amount of traffic on that road.

[DOWNLOAD PDF WITH DIRECTIONS](#)

CAL WOOD DIRECTIONS

2282 County Road 87
Jamestown, CO 80455
(303) 449-0603

All visits to Cal-Wood **must** be scheduled in advance.
Business hours: 8:30AM– 4:30PM, Mon-Fri.



FROM DENVER/BOULDER:

- Take Hwy 36 West (28th St). thru Boulder
- From light at the intersection of Hwy 36 and Broadway, continue North on US 36 for 5 miles.
- Turn left (West) at Lefthand Canyon Drive.
- Bear right at the first junction (Olde Stage Rd).
- Bear Right at the second junction onto James Canyon Dr. DO NOT go left over the bridge toward Ward. Continue towards Jamestown.
- When you enter Jamestown, you will come to a stop sign. *Please drive slowly (15 mph) as you continue thru the town.*
- 1.3 miles past the stop sign, turn right onto County Road 87 (Balarat Rd). Just before the turn, a yellow diamond sign will indicate the turn-off. This is a steep dirt road.
- *Please drive slowly and safely. Do not exceed speeds of 20 mph on CR 87 as the road is very narrow with moderate amounts of traffic. Keep to the right side of the road as much as possible.*
- At the top of the hill veer left. Follow the signs to Cal-Wood. Continue until you reach the Cal-Wood gate.
- Proceed through the gate to the parking lot, 1/2 mile down the dirt road on the right side, across from the white house (private residence). Please park carefully in the lot perpendicular to the long sides, approx 3 feet from other cars.
- *Please do not drive to the lodge unless you have been given prior clearance.*
- From the parking lot, follow the Lodge Trail up the hill and across the dirt road until you reach the Calvert Lodge (total distance from parking lot is 1/4 mile).

*****GPS & online mapping** gives inconsistent results.

*****Cell Phone signal** will cease once you turn off of US 36 into the foothills.

*****There are no gas stations** in the foothills. Be sure to fill your tank before leaving town.

*****Weather or road conditions:** Should you be concerned, please call us in advance.

If you are on the way and find the drive up County Rd 87 difficult, turn back to Jamestown.

You can stop at the Mercantile and use the phone to call Cal-Wood. We will help you to complete your journey.



Links to important forms

- [Program and Contract Timeline](#)
- [Transportation to Cal-Wood](#)
- [Student Medical Form](#)
- [Adult Chaperone Medical Form](#)
- [Sample Schedule](#)
- [Letter to Parents](#)
- [Equipment List](#)
- [Student Policies](#)
- [Directions to Cal-Wood](#)

Links to forms in Spanish

- [Student Medical Form](#)
- [Adult Chaperone Medical Form](#)
- [Sample Schedule](#)
- [Letter to Parents](#)
- [Equipment List](#)