

## Sample Cal-Wood Schedule

The standard Cal-Wood experience is a three-day, two-night program, as outlined below. Each schedule is customized to accommodate group preferences and individual needs.

### DAY 1

- 10:00** Arrive, hike to Lodge (with luggage), orientation to Cal-Wood (students & adults will remain together)
- 30min** Settle into cabins and prepare for the day
- 45min** Lunch (sack lunch from home)
  - Divide into learning groups for an afternoon of learning outdoors
- 4:30** Return to Lodge, B.O.B. time and down time supervised by school chaperones
- 5:45** Meal setup by Hoppers
- 6:00** Dinner (all meals are nutritious and prepared in house)
- 7:30** Evening program
- 9:00** Ready for bed
- 9:30** Lights out — cabin supervision by school chaperones

### DAY 2 - A full, intensive day of learning and exploring in the outdoors.

- 7:00** Wake-up
- 7:30** Meal setup by hoppers
- 7:45** Breakfast
- 9:00** Learning day begins (students remain in same learning groups, prepared for a full day outside)
- 12:00** Lunch in the field (provided by Cal-Wood)
- 4:30** Return to Lodge, B.O.B. time and down time supervised by school chaperones
- 5:45** Meal setup by hoppers
- 6:00** Dinner
- 7:30** Evening program
- 9:00** Ready for bed
- 9:30** Lights out — cabin supervision by school chaperones

### DAY 3

- 7:00** Wake-up & pack up
- 7:30** Meal setup by hoppers
- 7:45** Breakfast
- 8:30** Cabin clean-up
- 9:00** Learning day begins
- 11:30** Lunch on back porch of Lodge
- 12:15** Group closing
- 12:30** Departure

